

UNICITY ENZYGEN PLUS

DIGESTIVE SUPPORT

Replenish your enzyme supply.

FEATURES AND BENEFITS

- Helps break down fats, carbohydrates, and proteins
- Provides important enzymes that help convert foods you eat into useful nutrients
- Promotes proper digestion and helps your stomach maintain proper acidity

PRODUCT INFORMATION

Our bodies need proper levels of active enzymes in order to conduct a variety of tasks, including digestion. While enzymes occur naturally in our bodies and in many plants, they can be destroyed by pesticides, pollution, some processes used to cook or irradiate foods, and chemical additives. Enzygen Plus replenishes your enzyme supply to help your body break down fats, carbohydrates, and proteins; convert foods to useful nutrients; and complete proper digestion. Formulated with only vegetable-derived enzymes, Enzygen Plus stimulates the release of essential nutrients from food that are critical for cellular regeneration.



SCIENCE

Enzymes are natural substances created in plant, animal and human cells, and they play a vital role in every activity in our bodies. There are more than 2,700 identified enzymes in the human body, and each affects only one type of chemical reaction. Your body relies on properly functioning enzymes to assist with breathing, digestion, growth, blood coagulation, sensory perception, reproduction, and other functions. Enzymes can speed up or slow down bodily processes, and they act as catalysts in metabolism.

In digestion, enzymes liberate nutrients from food in the cells and break down nutrients that become the building blocks for cell growth and regeneration. Proper enzyme levels are crucial to a healthy body. In order to provide a balanced blend of specific enzymes and help break down foods in digestion, Enzygen Plus includes the following enzymes:

- Lipase, which helps break down oils and fats
- Cellulase to help break down fibers
- Amylase which helps break down starches
- Lactase to help break down dairy products
- Protease, which helps break down proteins

Item 22747 / Service Size: 1 capsule / 90 servings per container
For more information, go to Unicity.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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FREQUENTLY ASKED QUESTIONS

Q: Enzygen Plus contains lactase. If I'm lactose intolerant, can I take Enzygen Plus?

A: Yes. Lactase is the enzyme that breaks down lactose (milk sugar) in dairy products. Insufficient amounts of this enzyme in the small intestine will result in lactose not breaking down properly and sitting undigested in the colon, leading to diarrhea and pain. Enzygen Plus may actually help a person with this type of intolerance.

Q: Can I take Enzygen Plus with a fiber-based product like Unicity Balance?

A: Yes. Enzygen Plus was formulated to work in combination with fiber-based products like Unicity Balance. However, it is recommended that you take Enzygen Plus one hour before or four hours after consuming Unicity Balance for maximum absorption.

Balance and the 4-4-12 principle help you create periods of time when your body turns to fat stores to meet energy demands. We call these periods of time fat-burning zones.

REFERENCES

Roxas M. The Role of Enzyme Supplementation in Digestive Disorders. *Alternative Medicine Review*. 2008; 13(4): 307-314.

Kay RA. Microalgae as food and supplement. *Crit Rev Food Sci Nutr*. 1991; 30(6): 555-73.